

FOOD SUPPORT EVERY THURSDAY WITH HOPE

HELPING VULNERABLE FAMILIES FACING DIFFICULTIES IN AOTEAROA





FOODWATCH PROGRAM

THE FOOD WATCH PROGRAM GIVES FOOD DONATIONS TO FAMILIES IN SOUTH AND WEST AUCKLAND.

Hope Worldwide-Pakistan packages the donations at its West Auckland base every week and distribute and deliver them to vulnerable families struggling to afford healthy food to feed their families. Many are on low income, or are homeless or are immigrants facing difficulties meeting their dietary needs.

It is inspiring how all people from over the world come together to help each other or receive support. A team of volunteers collects the food from our partners or local businesses, organizes it with care and love, to ensure an equal nutritional balance for everyone. From 12am to 3 pm every Thursday the team is hard at work at our base at Lincoln Road, West Auckland.

HOPE has been working hard to support families in need. Our dedicated volunteers - who come from all over the world - collect and distribute food and to organize and support programs and activities that empower the marginalized, including people with social problems such as homelessness.

Large immigrant families are another focus of the Food Watch Program. Andrew asked for help to feed his two children, Massey and Lee. Housing costs have been taking up most of the money he earns and HOPE has been helping him put food on the table.

"All my money goes to my house," Andrew says. "I try my best but I need a hand."

Grateful for the help he received, he says more generosity such as that he receives from HOPE would make "a lot of people happy".

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One woman, who asked to remain anonymous, gets food help from Bread and Butter Bakery, one of HOPE's support partners. She first learned about HOPE when she needed help with her work resume about five years ago.

"I got help doing my CV - even some consulting for me and my daughter. It's not just food that they do - they help people with CVs and social working."

She receives a nutritional box with a balance of meat, vegetables and other groceries that she shares with children and teenagers from families struggling with drug addiction.

Angeline, 52, has three grown-up children and is homeless. She visited HOPE for the first time at the beginning of the year. She is so thankful HOPE has been able to save her from the hunger that sometimes overwhelms her because of her homelessness.

Some families pick up the food but anyone with disabilities or other mobility issues who cannot able to pick up the food can get it delivered.

In the past year, HOPE has supported more than 700 families in Auckland. The goal is to help as many people as possible: victims of circumstances and facing issues that make it difficult for them to get balanced, healthy food weekly. We think that with HOPE everything is possible.





